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After Helping Others Tell Their Stories for More Than a Decade, Danish Storyteller Turns to Her Own

New North Atlantic novel explores family, identity, and the stories that shape who we become and who we are to others.

For more than twelve years, Danish storyteller, journalist, and communications advisor Anja Klemp Vilgaard has helped organisations uncover the stories that define who they are.

Now she has written one of her own.

On June 23, 2026, Vilgaard's debut novel, *Tidal Born – The Sea Bears a Woman's Soul*, will be published by Get Published. Inspired by real events from her own family history, the novel follows three generations of women whose lives unfold between the Faroe Islands and Denmark.

The publication coincides with another milestone: twelve and a half years as founder of her storytelling company, Get Ajour. Yet Vilgaard sees the two achievements as deeply connected.

“I've spent years helping others discover and articulate their stories,” she says. “What that work taught me is simple: if a story isn't rooted in something real, it eventually falls apart.”

That belief became one of the foundations of *Tidal Born*.

Drawing on experiences from her mother's life, her grandmother's life, and her own, the novel explores how identity is shaped by family history, culture, memory, and the stories passed from one generation to the next.

Set between the dramatic landscapes of the Faroe Islands and a rapidly changing Denmark, the novel asks universal questions about belonging, inheritance, and self-understanding.

Who are we when we are shaped by more than one place? What do we carry with us from previous generations? And who ultimately owns the right to tell our story?

For Vilgaard, storytelling and authorship have never been separate pursuits.

“I am, first and foremost, a storyteller,” she says. “That is the thread running through everything I do. The novel isn't a departure from my professional life. It is part of the same story—just in a different form.”

Blending family history, historical fiction, and North Atlantic culture, *Tidal Born* marks the culmination of a lifelong fascination with the stories people inherit—and the stories they choose to create for themselves.



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About the book

Tidal Born – The Sea Bears a Woman's Soul will be published by Get Published on June 23, 2026.

Inspired by real events and Faroese storytelling traditions, the novel moves between the wild landscapes of the North Atlantic and post-war Denmark. It is the first volume in a two-part saga about three generations of women shaped by love, shame, family, betrayal, myth, and survival.

About the author

Anja Klemp Vilgaard is an independent storyteller, advisor, journalist, and entrepreneur. She has run her own strategic storytelling company for 12.5 years and has previously published the acclaimed Danish books *Kronborg bag Facaden* and *Strategisk Storytelling i Praksis*. Like *Tidal Born*, both were published through her own publishing platform.

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